

CHAPTER-25

THE STUDENT'S TALE: LOCKDOWN 2020



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“How we wake up each day and our morning routine dramatically affects our level of success in every single area of our life ” once said by HARPER SPERO.

On 23rd March 2020 onwards many people rejected their routine work because of the Pandemic COVID -19 conquering globally and the Government called for an emergency lockdown .The world was fully affected by this pandemic disease COVID-19. Many people struggled very hard to earn their living during the lockdown. Some people lost their jobs, some people were away from their home. And mainly the daily wagers were affected very badly by not having their shelter and struggling for food every day during the lockdown.

On the other hand, the people were enjoying the unlimited time of sleep, unplanned days, unlimited hours spent in front of the gadgets and especially people were experimenting at their home lab [kitchen] for their taste buds to rise up. There was no daily routine for the people who were following. They were adventurous and kept their schedules open-ended. But there is something

to be said about keeping a routine. It can improve overall health, well-being and productivity.

As far as my knowledge, what I experienced in this pandemic lockdown was people say that we should struggle hard for money. Money is very important. But I say that money is not everything, money can give us the power to make a difference in the lives of others but not the desire to do so. Money can't buy everything. Money increases happiness until about a certain level of earning, and after that our emotional well being does not increase with our income. Close circle of family and friends is more important for happiness to live our peaceful life.

This pandemic lockdown gave us the time to spend quality time with family. Family is the best gift from the God. It was the best time to slow down from the fast-paced life of the real world and spend some quality time with your children and other members of the family. By playing conventional board games and reaching out to your loved ones through video calls. This lockdown

period had definitely tested our mental strength and patience. But it is our responsibility to respond positively and make the most of the present situation.

Well, all this can be shared only with one's own experience. This was my experience during the lockdown.

STAY HOME.....

STAY SAFE.....

BUT BE A CHANGE.....